



# Jane Blackburn

Psychologist

## **Psychological support for children, adolescents and adults**

- Registered Psychologist and registered Teacher
- Based in Arana Hills and Samford Valley, Queensland
- Telehealth available
- New referrals welcome
- Appointments usually within one week

**Clients:** School-age children, adolescents and adults

### **Areas of Support:**

- Anxiety
- Emotional regulation,
- Trauma,
- School difficulties including school refusal,
- Neurodivergent needs (Autism and ADHD),
- Self-esteem,
- Family relationships & parenting,
- Workplace stress and burnout.

Jane works collaboratively with schools, teachers and allied health professionals, offering consultation and shared planning with client consent.

**Referrals:** GP or specialist with a Mental Health Care Plan, private referrals, NDIS (self-managed and plan-managed). Veterans and their families: Contact Open Arms on 1800 011 046.

### **Contact:**

Phone: 0460 811 739

Email: [admin@janeblackburn.com.au](mailto:admin@janeblackburn.com.au)

Website: [www.janeblackburnpsychologist.com.au](http://www.janeblackburnpsychologist.com.au)

**Referrers are welcome to contact Jane directly to discuss suitability or availability.**

